

# COMMON MEASUREMENTS

## Chest Measurement



Measure around the largest circumference of the bust area, keeping the tape parallel to the floor with the client's arms at their sides.

## Waist Measurement



Measure around the smallest circumference of the torso. If you measure at waist level it may be inaccurate.

## Hip Measurement



Measure around the largest circumference of the hips and buttocks with the tape parallel to the floor: generally 8-9 inches down from the waist.

## Front Apron Length Measurement



Measure from the top of the shoulder over the bust to the desired length. Do not contour the tape measure in under the bust.

## Vest Length Measurement



Measure from the top of the shoulder over the bust to the desired length. Do not contour the tape measure under the bust.

## Skirt Length Measurement



Measure from the top of the pant line (waist) and over the outside of the hip down to the desired length.

# SIZE CHARTS

## MALE

	XS	Small	Med	Large	XL	2X	3X
<b>Height</b>	5'2"	5'4"	5'8"	5'11"	6'2"+		
<b>Chest</b>	39"	42"	45"	48"	53"	57"	60"
<b>Waist</b>	32	34	38	42	46	50	54
<b>Hips</b>	34	36	40	44	48	52	56
<b>Front Length</b>	34	34	37	40.5	42.5	42.5	45.5
<b>Front Width</b>	19	21	22	24	26	28	30
<b>Vest Length</b>	22	22	24	25	25	25	28
<b>Skirt Length</b>	20	20	20	21	21	22	22
<b>WABR Length</b>	36	36	38	40.5	42.5	42.5	45.5

## FEMALE

	XS	Small	Med	Large	XL	2X	3X
<b>Height</b>	5'1"	5'2"	5'5"	5'8"	5'10"	5'11"	
<b>Chest</b>	36"	38"	40"	43"	46"	49"	52"
<b>Waist</b>	25	27	29	32	35	40	44
<b>Hips</b>	35	37	39	42	46	48	52
<b>Front Length</b>	33	34	36	38.5	40.5	42.5	42.5
<b>Front Width</b>	18	19	20	21	23	24	26
<b>Vest Length</b>	19	22	22	22	22	23	23
<b>Skirt Length</b>	20	20	22	22.5	22.5	22.5	24
<b>WABR Length</b>	33	34	37	40.5	42.5	42.5	44.5